

Program Description

A Y ALUM MAY REGISTER AN INTEREST and the ISC will endeavor to find a Y needing the skills they offer. The program may be arranged with any Y whose needs match the skills of our Y volunteers. The Task Force plans to put together inventories of both potential volunteers and interested Ys overseas. Previous volunteer assignments have included countries such as China, Russia, the Dominican Republic, the Bahamas, Mexico and the Rep. of Georgia.

Here are some details of the program arrangements:

- Possible Length of Stay: two weeks to six months
- Accommodation: provided free by the hosting Y, and usually some meals
- Financial Assistance provided by ISC: international travel, visas, medical necessities such as shots
- Types of Work: could include program development and expansion, teaching English, instructing basketball, swimming and other sports, working with the local Board on strategic and long-term planning – even survival – helping to introduce new programs, assisting the Y with collaborating with other local non-profit, and even for-profit, organizations.
- Alums at Location: single, couple, friends
- Time Needed to Arrange Visit: 3-6 months



(Top) Eager students taught by Bahama Lynch at the San Domingo Y (Bottom) PE class in Novosibirsk, Siberia led by Patrick Murphy

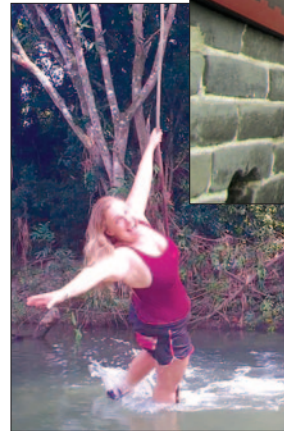


Lobby display — Beijing



Young divers in the DR

(Right) Bob L at the Great Wall



(Above) Day off in the DR—whee! (Right) Bahama's exuberant class



(Left) Teen Leaders — Rep of GA



Benefits of Serving Abroad with ISC

WE FOUND THAT WE:

- Broadened our perspectives on other parts of the world
- Heightened our understanding of other cultures
- Experienced daily life different from our own
- Practiced extra flexibility when planning and implementing activities
- Learned to meet new challenges
- Found joy and purpose in living with less
- Created new ways of doing things with whatever was at hand
- Received more than we could give
- Grew as human beings in Mind, Body and Spirit



(Top) Bob Lomauro at Christmas in China (Bottom) TOEFL Pool Party in the DR — combatting horses!

All this while making great and lasting friendships.

Are you ready for an extraordinary experience? Are you prepared to leave your comfort zone in return for all these benefits? And we are sure you will find more. Will you answer the call?



Selfies in Siberia.

Testimonials

“BEING IMMERSSED IN THE CHINESE LIFESTYLE, from celebrating their customs to enjoying their food, enabled me to develop my cultural competencies, and to gain confidence to successfully interact and satisfy my spirit of adventure and learning. What a joy it was to send time with the Chinese children.”

— Bob Lomauro

“SERVING IN THE DOMINICAN REPUBLIC, the chief benefit for my adult daughter, Bahama, who grew up in the Y, and I was getting to know



Harriet H-A having fun with her 12th grade class at the Liceo Cientifico, DR

a joyful people who, despite their privations, were always ready to sing, dance and, above all, to laugh. Living with less at our school meant no desks, no curriculum, few books and sometimes no classroom. One great

satisfaction lay in helping and visceral sex ed program to the interior, taught solely through sports and games, to educate young people in the country’s huge sex trafficking problem.”

— Harriet H-A

“I CAME TO THE Y WITH A LOVE OF SPORTS and this experience in Siberia gave me an opportunity to give back to a partner Y across the world. Over a six-week



Young basketball players with CL Best and Patrick Murphy in Siberia

period, C. L. Best, the Sports Director of the Dallas Y, and I conducted dozens of clinics and workshops for almost 1,000 children. We were hosted by gracious families, learned about life in Russia, ate different food, drinks and a lot of tea, and shared our love of sports.”

— Patrick Murphy

ISC Registration Form for Interest in Volunteer Service Overseas

Name _____

YMCA Alumni Chapter _____

Number of years employed by the Y _____

Date of retiring _____

Y Overseas service if any _____

Where? _____ How long? _____

Other overseas living experience if any _____

Where? _____ How long? _____

Volunteer skills offered _____

Availability to travel (range of dates in next 1-2 years)

How many persons might go? _____

Ideal length of stay _____

maximum length _____

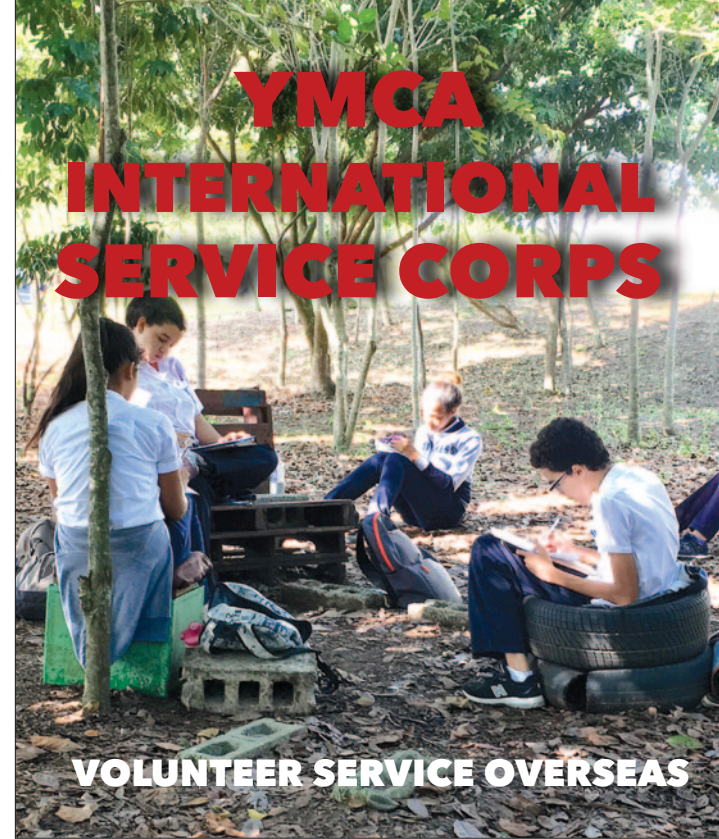
Preferred continents/countries (no guarantees here!)

Any special needs? (medical, nutritional, mobility etc)

THANK YOU SO MUCH FOR YOUR INTEREST

To register your interest in this ISC Program, please complete this form and send it to Wayne Uhrig at wuhrig.msusports@gmail.com or mail to Wayne at 1470 Laurel Valley Drive, Mt.Vernon, OH 43050.

PLEASE NOTE: If you, or a YMCA you know, is interested in hosting a Y Alum volunteer, please contact Wayne Uhrig at wuhrig.msusports@gmail.com



Mission

The Mission of the ISC Task Force is to help increase the number of Y Alums who would consider volunteer service overseas, and to match their skills with the needs of YMCAs abroad.

Contact Information:

Wayne Uhrig: wuhrig.msusports@gmail.com
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